

RECOMMENDED CLOTHING AND EQUIPMENT LIST

- A good quality torch for the evenings and night walks
- Lightweight clothing that can easily be rinsed out and dries quickly.
- 5-6 T-shirts
- 2-3 pairs of shorts
- 2 pairs of comfortable trousers for evenings and cooler days.
- 1 fleece jacket for cooler nights
- 1 lightweight jacket
- 1 raincoat
- Bathing suit
- A pair of comfortable hiking shoes (no leather, rather a light sports shoe with a good grip)
- A pair of sandals or flip flops for walking around at camp, also for coastal hikes and for boat transfers where your shoes may become wet.
- Water shoes (optional, depending on your preference).
- Socks and underwear
- Cap or hat
- UV beach shirt /second skin for longer snorkels and beach outings
- Lightweight backpack (we have waterproof backpacks in camp you can borrow)
- Sunglasses
- Insect repellent (30 - 50% DEET product)
- Sunscreen (waterproof with factor 30+/50+)
- We have snorkeling equipment at the lodge, but you are welcome to bring your personal equipment, if you have.
- A good book
- Camera
- Binoculars (optional)
- Personal toiletry kit. We provide soap and shampoo but not conditioner.
- Perhaps a little something for the village school, ladies' foundation, or local soccer team (we have a female and male team), if you still have space. It doesn't have to be new. We can also purchase certain items for you locally in advance like school clothes, soccer balls or second-hand clothing for the kids.
You just let us know what we should spend, and we have the gift ready for you when you visit.
- Personal medication and basic hiking first aid kit